

SOUPS, APPETIZERS & SALADS

Add to Any Salad:

VT IPA Marinated Chicken: \$6 Crispy Chicken: \$5 Falafel: \$4

- Gazpacho-(GF)(DF)-** ----- \$10
Fresh, Cold Spanish Style Vegetable Soup with Tomato, Cucumber, Red Onion and Fresh Basil Oil.
- White Bean Chicken Chili-(GF)-** ----- \$12
Summer Style Chili with White Cannellini Beans, Chicken, Onion and Green Chili. Topped with Roasted Peppers and Cilantro, With Fresh Tortilla Chips.
- White Bean Chicken Chili Nachos-** ----- \$16
Jack Cheese, Jalapenos, White Bean Chicken Chili, Salsa and Sour Cream.
- Chicken Wings (6)(DF)-** ----- \$16
Sauce Choices: **Blackbeary® BBQ; Garlic Parm; Yaki; Trail; Buffalo or Special K.**
- Chicken Tenders (5)(DF)-** ----- \$13
Sauce Choices: **Blackbeary® BBQ; Garlic Parm; Yaki; Trail; Buffalo or Special K.**
- Fried Calamari-(DF)-** ----- \$15
Served with Cucumber and Red Onion Relish.
- Hummus Platter-(DF)-** ----- \$12
House Made Hummus Served with Carrots, Celery, Cucumber, Kalamata Olives and Pita. **Add Falafel for \$4.**
- Pretzel-(DF)-** ----- \$10
Served Warm with a Side of Beer Cheese. **Everything Bagel Seasoning: \$1.**
- Bruschetta-** ----- \$10
Crostini Topped with Tomato, Fresh Mozzarella and Basil Olive Oil.
- Fried Pickles-(DF)-** ----- \$10
Served With a Side of Sriracha Mayo.
- Caesar Salad-** ----- \$14
Romaine Lettuce, Parmesan Cheese, Croutons and Creamy Caesar Dressing.
- Hiker Salad-(GF)-** ----- \$15
Greens, Tomato, Cucumber, Cheddar and Pickled Onions and Lemon Vinaigrette.
- Strawberry Spinach Salad-(GF)-** ----- \$16
Spinach, Strawberries, Goat Cheese and Candied Walnuts. Poppyseed Dressing.
- Sesame-Peanut Rice Noodle Salad-(GF)(DF)-** ----- \$13
Rice Noodles, Peanut Sauce, Red Onions and Green Peppers.

CBD Sauces: Yaki or Trail \$3

Consuming Raw or Undercooked Meat May Increase Your Risk of Food-Borne Illness.
All Menu Items are Made to Order, If You Have Any Dietary Restrictions or Allergies Please Let Your Server Know. 15% Gratuity Added to Unclosed Tabs.

ENTREES

All Entrees are Served With Choice of Fries or Slaw

Upgrade to Sweet Potato Fries: \$3 Onion Rings: \$4

- Long Trail Cheddar Burger-** ----- \$16
Cabot Cheddar, Lettuce, Tomato, Red Onion, Pickle and Special Sauce on a Classic Round Roll. **Add Bacon: \$3**
- Hummus Wrap-** ----- \$14
House Made Hummus, Spinach, Onion, Tomato, Goat Cheese Lemon Vinaigrette.
- Steak & Cheese-** ----- \$17
Shaved Steak, American Cheese, Grilled Onions and Peppers on a Sub Roll.
- Corned Beef Reuben-** ----- \$17
Long Trail Ale Infused Corned Beef, House Made Sauerkraut, Swiss Cheese and Special Sauce on Marble Rye.
- VT IPA Grilled Chicken Sammy-** ----- \$17
Pesto Mayo, Lettuce, Tomato, Red Onion and Mozzarella on a Demi Baguette.
- Chicken Salad Wrap-** ----- \$16
Rotating Option. (Please Ask Your Server About the Chicken Salad Today!)
- Falafel Pita-** ----- \$16
Lettuce, Tomato Red Onion and Tzatziki Served in a Pita.
- Grilled Chicken Gyro-** ----- \$17
VT IPA Marinated Chicken, Lettuce, Tomato, Onion and Tzatziki Sauce in a Pita.
- Roast Beef Sammy-** ----- \$17
Lettuce, Tomato, Pickled Onions, Cheddar Cheese, Horseradish Sauce on a Demi Baguette.
- Long Trail Dogs-** ----- (1)\$13/(2)\$16
All Beef Hot Dogs Served With Beer Cheese and House Made Sauerkraut.
- Blackbeary® Wheat Grilled Cheese-** ----- \$15
Swiss Cheese, Bacon, Jalapeno and **Blackbeary®** Preserve on Wheatberry Bread.

THE SWEET STUFF

- Root Beer Float-(GF)-** ----- \$6
Draft Root Beer with a Scoop of Vanilla Ice Cream.
- Ice Cream Sandwich-** ----- \$6
Cookie Sandwich with Vanilla Ice Cream.

NOT BEER

Draft Root Beer; House Made Lemonade or Iced Tea: \$4
Pepsi, Diet Pepsi, Starry and Schwepps Seltzers: \$3

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