



SOUPS, APPETIZERS & SALADS

Add to any Salad:
Grilled Chicken: \$6, Crispy Chicken: \$5 Falafel: \$4



Gazpacho-(GF)(DF)- - - - - \$10

Fresh, Cold Spanish Style Vegetable Soup with Tomato, Cucumber, Red Onion and Fresh Basil Oil.

White Bean Chicken Chili (GF) - - - - - \$12

Summer Style Chili with White Cannellini Beans, Chicken, Onion and Green Chili. Topped with Roasted Peppers and Cilantro, With Fresh Tortilla Chips.

White Bean Chicken Chili Nachos- - - - - \$16

Jack Cheese, Jalapenos, White Bean Chicken Chili, Salsa and Sour Cream.

Chicken Wings (6)(DF)- - - - - \$18

Sauce Choices: **Blackbeary® BBQ; Garlic Parm; Yaki; Trail; Buffalo or Special K.**

Chicken Tenders (5)(DF)- - - - - \$13

Sauce Choices: **Blackbeary® BBQ; Garlic Parm; Yaki; Trail; Buffalo or Special K.**

Fried Calamari-(DF)- - - - - \$15

Served with Cucumber and Red Onion Relish.

Hummus Platter-(DF)- - - - - \$12

House Made Hummus Served with Carrots, Celery, Cucumber, Kalamata Olives and Pita. **Add Falafel for \$4.**

Pretzel-(DF)- - - - - \$10

Served Warm with a Side of Beer Cheese. **Everything Bagel Seasoning: \$1.**

Bruschetta- - - - - \$10

Crostini Topped with Tomato, Fresh Mozzarella and Basil Olive Oil.

Fried Pickles-(DF)- - - - - \$10

Served With a Side of Sriracha Mayo.

Caesar Salad- - - - - \$14

Romaine Lettuce, Parmesan Cheese, Croutons and Creamy Caesar Dressing.

Hiker Salad-(GF)- - - - - \$15

Greens, Tomato, Cucumber, Cheddar and Pickled Onions and Lemon Vinaigrette.

Strawberry Spinach Salad-(GF)- - - - - \$16

Spinach, Strawberries, Goat Cheese and Candied Walnuts. Poppyseed Dressing.

Sesame-Peanut Rice Noodle Salad-(GF)(DF)- - - - - \$13

Rice Noodles, Peanut Sauce, Red Onions and Green Peppers.

CBD Sauces: Yaki or Trail \$3

Consuming Raw or Undercooked Meat May Increase Your Risk of Food-Borne Illness.
All Menu Items are Made to Order, If You Have Any Dietary Restrictions or Allergies Please Let Your Server Know. 15% Gratuity Added to Unclosed Tabs.



ENTREES

All Entrees are Served with Choice of Fries or Coleslaw.
Upgrade to Sweet Potato Fries: \$3 Onion Rings: \$4



Long Trail Cheddar Burger- - - - - \$16

Cabot Cheddar, Lettuce, Tomato, Red Onion, Pickle and Special Sauce on a Classic Round Roll. **Add Bacon: \$3**

Hummus Wrap- - - - - \$14

House Made Hummus, Spinach, Onion, Tomato, Goat Cheese Lemon Vinaigrette.

Steak & Cheese- - - - - \$17

Shaved Steak, American Cheese, Grilled Onions and Peppers on a Sub Roll.

Corned Beef Reuben- - - - - \$17

Long Trail Ale Infused Corned Beef, House Made Sauerkraut, Swiss Cheese and Special Sauce on Marble Rye.

VT IPA Grilled Chicken Sammy- - - - - \$17

Pesto Mayo, Lettuce, Tomato, Red Onion and Mozzarella on a Round Roll.

Chicken Salad Wrap- - - - - \$16

Rotating Option. (Please Ask Your Server About the Chicken Salad Today!)

Falafel Pita- - - - - \$16

Lettuce, Tomato Red Onion and Tzatziki Served in a Pita.

Grilled Chicken Gyro- - - - - \$17

VT IPA Marinated Chicken, Lettuce, Tomato, Onion and Tzatziki Sauce in a Pita.

Roast Beef Sammy- - - - - \$17

Lettuce, Tomato, Pickled Onions, Cheddar Cheese, Horseradish Sauce on a Hoagie Roll.

Long Trail Dogs- - - - - (1)\$13/(2)\$16

All Beef Hot Dogs Served With Beer Cheese and House Made Sauerkraut.

Blackbeary® Wheat Grilled Cheese- - - - - \$15

Swiss Cheese, Bacon, Jalapeno and **Blackbeary®** Preserve on Wheatberry Bread.



THE SWEET STUFF



Root Beer Float-(GF)- - - - - \$6

Draft Root Beer with a Scoop of Vanilla Ice Cream.

Ice Cream Sandwich- - - - - \$6

Peanut Butter Cookie Sandwich with Vanilla Ice Cream.



NOT BEER

Draft Root Beer, House Made Lemonade or Iced Tea: \$4
Pepsi, Diet Pepsi, Starry, or Schwepp's Seltzers: \$3





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